



The Signpost Weekly

March 3, 2019

Last Sunday after the Epiphany

Fr. Zac Harmon, Vicar

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Calendar

Sunday, March 3

- 8 a.m. and 10:15 a.m. Worship
- 10 a.m. Sunday School
- Visit with the Cowasuck Band of Pennacook Abenaki

Monday, March 4

- 9 a.m. Yoga

Tuesday, March 5

- 9 a.m., Morning Prayer
- 9:30 a.m., Exodus Bible Study

Wednesday, March 6

ASH WEDNESDAY

- ☆ Distribution of ashes
 - 7 a.m. Morning observance
 - 4 p.m. Family/kids Service
 - 7 p.m. Formal Service



Thursday, March 7 @ 5:30

- First Lenten Dinner

Friday, March 8,

- Stations of the Cross, 5:30 p.m. Sanctuary

A Visit with Members of the Cowasuck Band of the Pennacook Abenaki People This Sunday!

Members of the Pennacook Abenaki are joining us. They will be presenting at coffee hour after the 8AM and 10:15 services about their culture, historical experience as well as about the challenges they face. They will also be speaking as part of the 10:15 service. At a national level, the Episcopal Church has encouraged dioceses and all Episcopalians in local congregations to learn about the indigenous people in our area and to be in relationship with the indigenous peoples if possible. In 2009 the General Convention of the Episcopal Church renounced the "Doctrine of Discovery" and urged churches to reflect their history and seek a greater understanding of indigenous peoples "within the geo-political boundaries claimed by the United States and other nation states located within the Episcopal Church's boundaries." In 2015, the Episcopal Church also encouraged congregations to support and build connections with indigenous people. It is in this spirit that we invited the Pennacook Abenaki to come be with us this Sunday, a very special day at St. Christopher's. (*Cont. p.2*)

Bring in Your Palms, Ash Wednesday is March 6

Ash Wednesday is this week and if you still have your palm left from last year's Palm Sunday- please bring it in to church. We burn these palms to make the ashes for Ash Wednesday.



Ash Wednesday Schedule

March 6th

Ash Wednesday as the start to Lent makes for

a unique and moving service. As the wider world encourages us to keep moving faster, to keep producing more, to keep packing in more and more and more, the theme of Lent is different. Lent after all can be translated as 'slow.'

Ash Wednesday marks a spiritual time where we slow down and for 40 days walk intentionally and contemplatively with Jesus Christ towards the cross and towards what is on the other side of death-Resurrection. Each year we come to Ash Wednesday with different questions and experiences than we had the year before.

Each Lent can be a time of spiritual growth to learn, explore and understand our life and our world anew. This year you are invited to begin with Ash Wednesday services on Wednesday March 6. Here are the services we have planned for this Ash Wednesday:

7 a.m.- A shorter service out of the prayer book for those who would like to receive ashes at the start of the day

4 p.m.- A family service which is interactive and engaging as we make ashes from the palms of last year's Palm Sunday celebration

7 p.m.- A traditional and formal service with music for a liturgically robust start to Lent

Pennacook Abenaki (continued from p1)

What words to use?

When it comes to indigenous peoples in North America, many people wonder what the right words are to use. In my own experience, the best words to use are the names of specific nations and peoples. Other names which carry respect can be: Indigenous, Native American, American Indian & First Nations. 'Indian' on its own is often considered inaccurate and misused, since Columbus mistakenly thought he'd landed in India at first and not a continent unknown to him. There are also words which should not be used and which have a deep history of being used as slurs to demean indigenous people. These often hurtful words are words like 'wild Indians,' 'savages,' 'redskins' and 'red men.' These words in particular should not be used. Hopefully this is helpful for Sunday's visit from the Pennacook Abenaki people.

-Fr. Zac

Lenten Dinners – Thursday nights during Lent March 7 to April 11

Thursday Nights will be very special this Lent. Bob Leonard, Parish Life and other parishioners are putting together Lenten dinners as a time of community building this Lent. Dinners will be \$5 a plate or \$20 for a family. The Menu is always sounding more incredible; more details will be out with the next Signpost. Below is the link to SignUpGenius to RSVP for dinners so that we know how much food to prepare. **Dinner will be at 5:30 PM.** Eucharist will still be at 7PM & Bible Study at about 7:30 PM after the service. Come for dinner, come for Eucharist, come for Bible study or come for all of it.



RSVP for Lenten Dinners beginning March 7 by using this link:

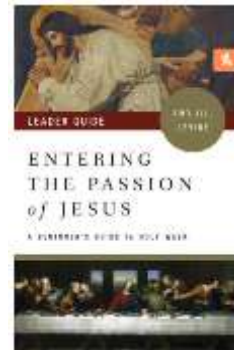
<https://www.signupgenius.com/go/60b0e4a-abab2ba7fc1-thursday>

Friday Nights- Stations of the Cross start this Friday night at 5:30 PM in the sanctuary, and will be lay led. This can be an important way to deepen our Lenten journey by taking time to reflect on the Way of the Cross and our own Christian journey.



Formation during Lent

In our Sunday 9:15 Adult Formation hour, we will be reading Entering the Passion of Jesus: *A Beginner's Guide to Holy Week* by Dr. Amy-Jill Levine. This book takes each week of Lent to focus on one day of Holy Week. The special part of this book is what Levine brings to Holy Week. Levine is a Jewish theologian and scholar of the New Testament at Vanderbilt Divinity School who deeply admires Jesus and who calls us as Christians to understand more of the Jewish context of Jesus' life, ministry and passion. Her book invites us to deepen our faith by walking through Christ's nerve-wracking week before the Crucifixion, to have our lives transformed by Jesus. Anything by Levine is unique and remarkable, and *this book certainly makes for transformative reading.* Copies will be available for purchase for \$15 beginning next Sunday, March 10.



Prayers of the people

Condolences to Scott Webster, and prayers for the repose of his mother, **Harriette**. Please pray for Ginette's grandson, **Chase**, and his parents in the face of long-term medical disabilities; for **Peggy Baker**. Please pray for **Angie McCurdy** and her family; please pray for **Lincoln**, Christine Collins' cousin's young son who is ill; and for **Aaron, Alex & family** in their time of grief. Prayers for **Zach**, a relative of a parishioner; prayers for **Noelle Schreiber**; **Ellie McCabe**; prayers for **Bob Gleason, Lucille Gigeure**. for **Deb**; for **Roy Jeffrey**; **Ann Donovan**; **Kate**; **Brayden**; **Matty**; **Ian**; prayers for **Howie**; for **Cheryl**; for **Ryan**; for **Jacqueline**; for Natalie's brother **Lorin**; for Mark and Ingrid's son **Eric**, and their daughter, **Lisa**.

Serving in the Military: For Pam Vazquez's son Army Ranger 2nd Lt. Nicholas J. Vazquez, for Del's cousins, Daniel, Matthew and Sandra.

Parish Cycle of Prayer: Ariana, Whalen, Ryder, and Harper Sassone; Jane Roth; Jean, Heather and Elizabeth Sanders; Roland Seckendorf

Attendance

Tuesday, 2/19, 9:00am, 7

Thursday, 2/21, 7 p.m 9

Sunday, 2/24 8:00 am, 19; 10:15 am, 39

"You shall love the Lord your God with all your heart, and with all your soul, and with all your mind. This is the greatest and first commandment. The second is like it: 'You shall love your neighbor as yourself.' On these two commandments hang all the law and the prophets."